DISHES AND THEIR ALLERGEN CONTENT
PLANET SPICE
88 SELSDON PARK ROAD, SOUTH CROYDON, CR2 8JT

REVIEW DATE: 20/09/2026 REVIEWED BY: SHAMIM ANWAR VERSION: V2026.1

DISHES	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Pre Starters														
Plain Papadom										☑			☑	
Spicy Papadom													☑	
Mango Chutney														
Mint Sauce							☑						☑	
Onion Salad														
Mixed Pickle									☑					
Coconut Chutney										☑				
Cucumber Raitha							☑						☑	
Onion Raitha							☑						☑	
Tomato Raitha							☑						☑	
Starters														
Vegetable Samosa		☑					☑		☑				☑	
Lamb Samosa		☑					☑						☑	
Onion Bhaji				☑									☑	
Chicken Tikka Starter							☑		☑				☑	
Lamb Tikka Starter							☑		☑				☑	
Paneer Tikka Starter							☑		☑				☑	
Sheekh Kebab				☑					☑				☑	
Vegetarian Platter For Two		☑		☑			☑		☑				☑	
Meat Platter For Two				☑			☑		☑				☑	
¼ Tandoori Chicken							☑		☑				☑	
Tandoori King Prawn					☑		☑		☑				☑	
Lamb Chops							☑		☑				☑	
Tandoori Salmon					☑		☑		☑				☑	
Chicken Pakora		☑							☑				☑	
Chicken Pathia Puree		☑											☑	
Prawn Pathia Puree					☑								☑	
King Prawn Pathia Puree					☑								☑	
Chilli Paneer Fry							☑						☑	

King Prawn Butterfly				☑	☑								☐	
Biryani Delicacies														
Vegetable Curry with Biryani									☑				☑	
Chicken Biryani									☑				☑	
Chicken Tikka Biryani							☑		☑				☑	
Lamb Biryani													☑	
Lamb Tikka Biryani							☑		☑				☑	
King Prawn Biryani					☑								☑	
Prawn Biryani					☑								☑	
Vegetable Biryani									☑				☑	
Special Mixed Biryani					☑		☑		☑				☑	
Green and Crisp Salad														
Chicken Tikka Salad							☑		☑				☑	
Lamb Tikka salad							☑		☑				☑	
Paneer Tikka Salad							☑		☑				☑	
½ Tandoori chicken salad							☑		☑				☑	
Tandoori Salmon Salad					☑		☑		☑				☑	
Tandoori King Prawn salad					☑		☑		☑				☑	
Chana Chaat							☑						☑	
Tandoori Delicacies														
Chicken Tikka Main							☑		☑				☑	
Lamb Tikka Main							☑		☑				☑	
Paneer Tikka Main							☑		☑				☑	
Tandoori Chicken							☑		☑				☑	
Tandoori King Prawn					☑		☑		☑				☑	
Tandoori Salmon					☑		☑		☑				☑	
Chicken Shashlick							☑		☑				☑	
Lamb Shashlick							☑		☑				☑	
King Prawn Shashlick					☑		☑		☑				☑	
Mixed Grill							☑		☑				☑	
House Specials														
Chicken Tikka Masala							☑		☑	☑			☑	
Lamb Tikka Masala							☑		☑	☑			☑	
King Prawn Tikka Masala					☑		☑		☑	☑			☑	
Salmon Tikka Masala					☑		☑		☑				☑	
Chicken Pasanda							☑		☑	☑			☑	
Lamb Pasanda							☑		☑	☑			☑	

King Prawn Pasanda					☑		☑		☑	☑			☑	
Salmon Pasanda					☑		☑		☑				☑	
Chicken Karahi							☑		☑				☑	
Lamb Karahi							☑		☑				☑	
King Prawn Karahi					☑		☑		☑				☑	
Salmon Karahi					☑		☑		☑				☑	
Chicken Naga							☑		☑				☑	
Lamb Naga							☑		☑				☑	
King Prawn Naga					☑		☑		☑				☑	
Salmon Naga					☑		☑		☑				☑	
Chicken Jalfrezi													☑	
Lamb Jalfrezi													☑	
King Prawn Jalfrezi					☑								☑	
Salmon Jalfrezi					☑								☑	
Chicken Balti							☑		☑	☑			☑	
Lamb Balti							☑		☑	☑			☑	
King Prawn Balti					☑		☑		☑	☑			☑	
Salmon Balti					☑		☑		☑				☑	
Meat Thali		☑					☑		☑	☑			☑	
Vegetable Thali		☑					☑		☑				☑	
Goan Fish Curry					☑								☑	
Butter Chicken							☑			☑			☑	
Spicy Lamb Shank													☑	
Maharaja Bhuna				☑			☑		☑				☑	
Garlic Chilli Chicken Masala													☑	
Traditional Dishes														
Chicken Korma							☑			☑			☑	
Chicken Tikka Korma							☑		☑	☑			☑	
Lamb Korma							☑			☑			☑	
Lamb Tikka Korma							☑		☑	☑			☑	
Paneer Korma							☑		☑	☑			☑	
Vegetable Korma							☑		☑	☑			☑	
Prawn Korma					☑		☑			☑			☑	
Kign Prawn Korma					☑		☑			☑			☑	
Salmon Korma					☑		☑			☑			☑	
Chicken Curry													☑	
Chicken Tikka Curry							☑		☑				☑	
Lamb Curry													☑	
Lamb Tikka Curry							☑		☑				☑	
Paneer Curry							☑						☑	

Vegetable Curry													☑	
Prawn Curry					☑								☑	
Kign Prawn Curry					☑								☑	
Salmon Curry					☑		☑						☑	
Chicken Madras													☑	
Chicken Tikka Madras							☑		☑				☑	
Lamb Madras													☑	
Lamb Tikka Madras							☑		☑				☑	
Paneer Madras							☑						☑	
Vegetable Madras													☑	
Prawn Madras					☑								☑	
Kign Prawn Madras					☑								☑	
Salmon Madras					☑		☑						☑	
Chicken Vindaloo													☑	
Chicken Tikka Vindaloo							☑		☑				☑	
Lamb Vindaloo													☑	
Lamb Tikka Vindaloo							☑		☑				☑	
Paneer Vindaloo							☑						☑	
Vegetable Vindaloo													☑	
Prawn Vindaloo					☑								☑	
Kign Prawn Vindaloo					☑								☑	
Salmon Vindaloo					☑		☑						☑	
Chicken Dhansak													☑	
Chicken Tikka Dhansak							☑		☑				☑	
Lamb Dhansak													☑	
Lamb Tikka Dhansak							☑		☑				☑	
Paneer Dhansak							☑						☑	
Vegetable Dhansak													☑	
Prawn Dhansak					☑								☑	
Kign Prawn Dhansak					☑								☑	
Salmon Dhansak					☑		☑						☑	
Chicken Dupiaza													☑	
Chicken Tikka Dupiaza							☑		☑				☑	
Lamb Dupiaza													☑	
Lamb Tikka Dupiaza							☑		☑				☑	
Paneer Dupiaza							☑						☑	
Vegetable Dupiaza													☑	
Prawn Dupiaza					☑								☑	
Kign Prawn Dupiaza					☑								☑	
Salmon Dupiaza					☑		☑						☑	
Chicken Rogan Josh													☑	

Chicken Tikka Rogan Josh							☑		☑				☑	
Lamb Rogan Josh													☑	
Lamb Tikka Rogan Josh							☑		☑				☑	
Paneer Rogan Josh							☑						☑	
Vegetable Rogan Josh													☑	
Prawn Rogan Josh					☑								☑	
Kign Prawn Rogan Josh					☑								☑	
Salmon Rogan Josh					☑		☑						☑	
Chicken Pathia													☑	
Chicken Tikka Pathia							☑		☑				☑	
Lamb Pathia													☑	
Lamb Tikka Pathia							☑		☑				☑	
Paneer Pathia							☑						☑	
Vegetable Pathia													☑	
Prawn Pathia					☑								☑	
Kign Prawn Pathia					☑								☑	
Salmon Pathia					☑		☑						☑	
Chicken Bhuna													☑	
Chicken Tikka Bhuna							☑		☑				☑	
Lamb Bhuna													☑	
Lamb Tikka Bhuna							☑		☑				☑	
Paneer Bhuna							☑						☑	
Vegetable Bhuna													☑	
Prawn Bhuna					☑								☑	
Kign Prawn Bhuna					☑								☑	
Salmon Bhuna					☑		☑						☑	
Chicken Saag									☑				☑	
Chicken Tikka Saag							☑		☑				☑	
Lamb Saag									☑				☑	
Lamb Tikka Saag							☑		☑				☑	
Paneer Saag							☑		☑				☑	
Vegetable Saag									☑				☑	
Prawn Saag					☑				☑				☑	
Kign Prawn Saag					☑				☑				☑	
Salmon Saag					☑		☑		☑				☑	
Side Dishes=Vegetables														
Bombay Aloo													☑	
Sag Aloo									☑				☑	
Aloo Baigan													☑	
Aloo Gobi													☑	

Tarka Daal									☑				☑	
Mixed Vegetables									☑				☑	
Bhindi Bhaji													☑	
Dhingri Palak									☑				☑	
Mushroom Bhaji													☑	
Saag Paneer							☑		☑	☑			☑	
Mutter Paneer													☑	
Paneer Masala							☑			☑			☑	
Cauliflower Bhaji													☑	
Chana Masala							☑			☑			☑	
Sag Bhaji									☑				☑	
Bringal Bhaji													☑	
Achari Baigan													☑	
Onion Bhaji				☑									☑	
Chips													☐	
Side Sauce														
Kurma Sauce							☑			☑			☑	
Masala Sauce							☑			☑			☑	
Madras Sauce													☑	
Curry Sauce													☐	
Dhansak Sauce													☑	
Bhuna Sauce													☑	
Rice and Bread														
Plain Rice														
Pulao Rice													☑	
Mushroom Rice													☑	
Egg Fried Rice				☑									☑	
Peas Pulao Rice													☑	
Keema rice				☑									☑	
Special Fried Rice				☑	☑								☑	
Coconut Rice										☑			☑	
Lemon Rice													☑	
Vegetable Rice									☑				☑	
Plain Naan		☑		☑			☑						☑	
Peshwari Naan		☑		☑			☑			☑		☑	☑	
Keema Naan		☑		☑			☑						☑	
Garlic and Onion Naan		☑		☑			☑						☑	
Cheese and Chilli Naan		☑		☑			☑						☑	
Chapati		☑											☑	

Roti		☑											☑	
Paratha		☑											☑	
													☑	
Set Meal														
Meal for One		☑		☑	☑		☑		☑	☑		☑	☑	
Meal for Two		☑		☑	☑		☑		☑	☑		☑	☑	
Family Feast		☑		☑	☑		☑		☑	☑		☑	☑	
Takeaway Drinks														
Can of Coke														
Can of Diet Coke														
Bottle of Diet Coke														
Can of Coke Zero														
Can of Sprite														
Bottle of Coke Zero														
Bottle of Sprite														
Bottle Of Coke														